

Minerva Pattern 2053

Double-Breasted Coat Dress with Flared Skirt & 3/4 Sleeves

Introducing a digital dress sewing pattern for an elegant dress-coat – Timeless Sophistication with a Double-Breasted Twist.



When To Wear Design 2053

This dress-coat is versatile yet refined, making it suitable for a range of occasions:

- **Chic Everyday Wear:** Pair it with heels or ankle boots for a polished daytime look.
- **Evening & Special Events:** Its structured lines and double-breasted front give it a formal edge, making it perfect for cocktail parties, elegant dinners, or cultural events.
- **Professional Settings:** A modern alternative to a classic blazer—ideal for business-casual settings or creative industries.
- **Seasonal Wear:** Best suited for spring and autumn. Its structured design offers warmth without bulk, while the flared silhouette makes it easy to layer.

Key Design Features

Silhouette: Fitted at the waist with structured paneling that creates a flattering flared skirt.

Double-Breasted Front: Clean, symmetrical design with six buttons for closure.

Sleeves: 3/4 set-in sleeves with a tailored finish.

Construction Lines: Princess seams at the front and back for a tailored fit.

Style: A blend of classic tailoring and modern elegance—structured, refined, and subtly feminine.

Level Of Difficulty

Intermediate.

Fabric Recommendations

Lightweight coat fabrics made from natural or blended fibers work best for this design. The dress-coat can be lined or unlined depending on the desired level of structure and warmth.

Additional Supplies

- **Lining:** viscose, silk, polyester.
- **Fusible Interfacing.**
- **Closure:** 6 buttons for front, 3 flat buttons for inside.

- Additional notions: small shoulder pads and sleeve heads.

Cutter's Must

From Main Fabric:

1. Upper Center Back – 2 pieces
2. Upper Side Back – 2 pieces
3. Lower Center Back – 2 pieces
4. Lower Side Back – 2 pieces
5. Center Front – 2 pieces
6. Side Front – 2 pieces
7. Lower Center Front – 2 pieces
8. Lower Side Front – 2 pieces
9. Sleeve – 2 pieces
10. Back Neckline Facing – 1 piece
11. Center Front Facing – 2 pieces

From Lining Fabric:

From the lining, cut the below pieces using the main patterns with the following modifications:

1. Upper Center Back – exclude Back Neckline Facing area, cut 2.
2. Upper Side Back – exclude Back Neckline Facing area, cut 2.
3. Lower Center Back – cut 2.
4. Lower Side Back – cut 2.
5. Upper Front Lining – 2 pieces.
6. Lower Center Front - exclude Center Front Facing area, cut 2.
7. Lower Side Front – cut 2.
8. Sleeve – cut 2.

From Fusible Interfacing:

1. Back Neckline Facing – 1 piece
2. Front Facing – 2 pieces
3. Upper Center Front – 2 pieces
4. Lower Center Front – 2 pieces

Important Information

Before cutting your fabric:

- Print and lay out pattern pieces to determine yardage.
- Check mirrored pieces, notches, and grainlines.
- For patterned fabrics, align carefully for symmetry.

ASSEMBLY INSTRUCTIONS

Preparation

Fuse Interfacing

From the wrong side, apply fusible interfacing to Back Neckline Facing, Front Facings, Upper and Lower Center Front pieces - Press thoroughly with a hot iron and press cloth until fully bonded.

Back Assembly

1. Stitch upper side back pieces to upper center back; press seam allowances open.
 2. Stitch lower side back pieces to lower center back; press seam allowances open.
 3. Join upper and lower back sections together, aligning seams; press allowances open.
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Front Assembly

1. Stitch upper side front pieces to upper center front; press allowances open.
 2. Stitch lower side front pieces to lower center front; press allowances open.
 3. Join upper and lower front sections together; press allowances open.
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Main Body Assembly

1. Join shoulder seams; press open.
 2. Stitch side seams; press allowances open.
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Sleeves

1. Stitch sleeve seams; press allowances open.
 2. Ease sleeve caps between notches and set sleeves into armholes, distributing ease evenly.
 3. Stitch and press seam allowances toward sleeves.
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Facings

1. Join shoulder seams of Front Facings and Back Neck Facing; press allowances open.
 2. With right sides together, stitch facings to the coat along the front edges and neckline.
 3. Clip curves, trim corners, turn right side out, and press for a clean edge.
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Lining Assembly

1. Assemble lining in the same order as the main garment, leaving a 20 cm opening in the left sleeve seam for turning.
 2. Attach lining to the facings along the front edges and neckline.
 3. Press neckline seam toward lining.
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Hem & Sleeves

1. Stitch lining to coat hem and sleeve hems, ensuring lining is 2 cm shorter to form an ease pleat.
 2. Turn the coat right side out through the sleeve opening.
 3. Close the opening neatly by hand or machine stitch.
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Finishing

1. Work buttonholes on both fronts as marked.
2. Sew main and inside buttons.
3. Give the garment a final press, shaping the neckline and sleeve heads on a tailor's ham.

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